

What is Hepatitis C?

Hepatitis C infection is an **infectious disease caused by hepatitis C virus (HCV)**.

HCV can cause liver inflammation, fibrosis, cirrhosis, and cancer of the liver.

A person with hepatitis C can show no symptoms at all for many years. Over time, the liver can become very damaged.

How can you become infected?



1. Having blood transfusions with infected blood, in unlicensed facility

2. Injections with used needles and syringes

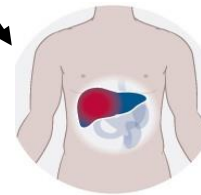


3. Sharing syringes, smoking pipe and snorting straw among drug users



5. Sharing manicuring tools, razor blades, toothbrushes or piercing or tattooing equipment

4. Unprotected sex with multiple sexual partners, especially men having sex with men.



Hepatitis C is not spread by casual contact such as hugging or coughing, by sharing the same food.

How to stay healthy with hepatitis C?

- Adapt your diet
 - Reduce oil and sugar
- Avoid alcohol
- Avoid drugs
- Don't take other self-medication while you are on treatment



Where and how to take medication for hepatitis C?

- Health centers
- Rerral hospitals

20 minutes: get the results



2 drugs **1** time per day

"HCV is curable"

3 months to get cured



INFO FOR PATIENTS WITH HEPATITIS C



We are there to help you.

If you have any question, or worry about the treatment or about your health, talk with your doctor/nurses at the clinic.

<https://www.facebook.com/MSFCambodiHepC/>

<https://www.facebook.com/Preah-Kossamak-Hospital-827358274004690/>